# **Chailey News**



The woods in winter

January 2019

# The Church of St Peter Parish of Chailey

#### **WEEKDAYS**

Monday 8pm Bell Ringing Practice Friday 6.45pm Choir Practice

New ringers and choir members always welcome.

Transport to services can be arranged: please contact the churchwardens. The Church is open during daylight hours.

PRIEST IN CHARGE: The Parish is in Interregnum

PARISH OFFICE: The Parish Office will be manned occasionally

Teresa Wenban stpeterschurch12@hotmail.co.uk

Web site www.stpeterschailey.org

CHURCHWARDENS: Mrs Chris Peskett 01825 721431

PCC SECRETARY: Mr Chris James 01825 722411

**MAGAZINE ADVERTISING & FLYER INSERTS:** 

Mr Chris Jones 01825 508721

E-mail jonespellingford@aol.com

CHAILEY FREE CHURCH, SOUTH CHAILEY

Please see details of services and weekday activities later in magazine

Contacts: Mr Roger Nutley 01273 890114

Mr Dave Caughley 01273 400785

**ROMAN CATHOLIC MASS** 

Herons Ghyll: Wednesday 9.30am Sunday 11.30am Holy Days 12 noon

Haywards Heath: Sunday 8.30am 10.30am 5pm

Uckfield: Saturday 5.30pm Sunday 9.30am

Lewes: Sunday 9am 10.30am

For further information about Roman Catholic services and activities, please contact Mrs Mary Butterfield, 01825 724003

(cover illustration by William Hobday. Commissions Taken. www.penandinkartist.co.uk. email: williamhobday@gmail.com)



#### **JANUARY SERVICES 2019**

Sunday 6th January Epiphany

8am Holy Communion (BCP) 10am Family Communion

Sunday 13th January The first Sunday after Epiphany

8am Holy Communion (BCP) 10am Parish Communion

Sunday 20th January The second Sunday after Epiphany

8am Holy Communion (BCP)
10am Parish Communion

Sunday 27th January The Third Sunday after Epiphany

8am Holy Communion (BCP) 10am Parish Communion

Sunday 3rd February The fourth Sunday after Epiphany

8am Holy Communion (BCP) 10am Family Communion

BCP is the Book of Common Prayer (1662).

All other Eucharistic Services are from Common Worship: Order One.

We welcome everyone warmly and families and children are
always welcome all our services.

#### A Note from St Peter's Church

As I write, we haven't even had Christmas yet, and it's quite strange to think that, as you read, most of you will already have celebrated the dawning of 2019!

Late in November, as many of you are aware, a Consistory Court was held at St Peter's. This is the church's official and legal way of adjudicating disputes within parishes. St Peter's PCC had to face the court over issues with plans that they had been working on for several years: issues which the PCC had hoped could have been resolved through discussion and correspondence. For a few weeks before the event, there was a sad and palpable sense of division within the village over the matters concerned. The Court was held over a full day which gave many of us who had never been in a court situation before a fascinating and interesting insight into the legal process. There is no need for me to go into any detail about the proceedings, save to say that the ruling that will have been handed down, by the time this magazine goes to print, is one that all parties have agreed they will wholeheartedly respect and work with. We at St Peter's are now looking forward to the New Year and getting on with engaging with the residents of Chailey and beyond, both in our worship and in a wide variety of other ways.

Since then, the Christmas Season has come and gone and seen us enjoying a raft of lovely occasions and wonderful moments at St Peter's. We hope that many of you were able to join us at a number of our services and that your own Christmas was even more special because of that. Particularly memorable occasions were the wonderful Coro Nuovo concert, the beautiful Christingle Service at which Bishop Richard of Lewes presided, the service of Nine Lessons and Carols and of course, Midnight Mass. St Peter's Christmas collections were divided between two charities, traditionally a local and an overseas charity. The local charity chosen was St Peter and St James Hospice, (stpeter-stjames.org.uk) and the overseas charity was the Friends of St James Mission and School, Zimbabwe, (www.fsjms.org.uk), a small British charity which supports bursaries for secondary school girls who could not otherwise afford to attend school. Thank you to all those who donated to the church collections so generously, helping to boost the work of both of these worthy causes.

A date for your New Year diary is Friday March 1st, when St Peter's will host the area's 'Women's World Day of Prayer' event. Women from all over the Deanery will join us for this special day, which will focus on a particular country and specific theme. This ecumenical initiative is celebrated in over 170 countries on the first Friday of each March, and has been in existence in more or less its current form since 1927. The aim is to bring together women of various races, cultures and traditions in a yearly common day of prayer, and we welcome everyone who would like to join us. Please watch out for further details in due course. This year's chosen country is Slovenia, so please come and join us, and in your closest interpretation of Slovenia's national dress, if you can!

Lent begins on Ash Wednesday March 6th, and this year we will be holding Lent Lunches at St Peter's. A Lent Lunch is a simple meal, usually of soup and bread, maybe cheese and possibly some fruit – nothing elaborate – for a nominal cost, so raising some funds for charity. By taking part, we can empathise with those who have very little to eat, whilst enjoying the company of friends and acquaintances. Please look out for more information on dates and times, and come along to the church, bringing a friend or two along if you can. Our chosen charity this year is 'Caring and Sharing (East Sussex)', (www.caringandsharingeastsussex.org.uk) which supports a number of projects in the Third World helping communities in extreme poverty and need. 'Caring and Sharing' encourages people on modest incomes to give up small treats and allocate that saving to the charity, to 'live simply, that others may simply live'. Over the 35 years that it has been in existence in East Sussex, this charity has raised an incredible amount of over £3 million! If you think this is something that you feel motivated to get involved with, please visit their website.

We hope to see you soon and, meanwhile, all at St Peter's wish everyone in the parish a very happy and healthy New Year.

Christine Peskett (Churchwarden)

### The Parish Leaflet January 1919

Organ recital.

An organ recital was given at the Parish Church in aid of the National Institute for Blinded Soldiers and Sailors, the sum realised being £3 12s 6d. Mr Sergeant gave great pleasure in his delightful rendering of the various items on the programme. Mr Parsons and his son who kindly came from Eastbourne also earned our thanks by their sympathetic interpretation of their sacred solos. Sir Arthur Pearson in acknowledging the amount raised said: 'I very much appreciate the sympathy and interest in the work we are doing here for the gallant men who have made so great a sacrifice and on their behalf I shall be glad if you will accept my most sincere and grateful thanks for this kindly help.'

Note: British Newspaper magnate Sir Arthur Pearson lost his sight to glaucoma in 1913. In 1915 he founded St Dunstan's home to rehabilitate solders who had been blinded in the First World War.

Annette Shelford

### **Toddlers Group**

We now have a Toddlers group up and running at St Peter's Church. This is a free group which meets in the church on a Friday morning between 9.30am and 11.00am. Toys and activities for children. Free refreshments during the morning. Baby changing facilities. We welcome new Toddlers and their parents, grandparents or carers to this group. Contact the parish office (01825 722286) stpeterschurch12@hotmail.co.uk for more information.

### **Chailey School**

Residents will know that the School has been planning to rebuild itself. Our architects have submitted the project for public consultation before making a Planning Application in the early Spring.

To know more, you should consult the School's website: www.chailetschool.org/ newbuilding to view the new project on our website. Our architects welcome comment and advice at this stage and you can do this through our website.

We hope that you, the community, will support the project. Your School receives students from nearly 40 different Primary schools and plays a vital role in formal education of students in this wide area.

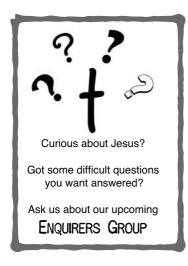
The School will continue to teach and learn during the project which will result in much enhanced premises.

### **Chailey Free Church**

www.chailevfreechurch.com

# III Happy New Year Chailey !!!











Chailey Free Church, A275, South Chailey, BN8 4AN Contact us for details on 01273 400785 or 01273 890114 Email: <a href="mailto:contact@chaileyfreechurch.com">contact@chaileyfreechurch.com</a>

### **Chailey & Newick Painting Group**

A weekend of glorious winter sunshine greeted our annual exhibition of new paintings, putting an extra-wide smile on the faces of members and hundreds of visitors alike. Thank you all for coming and creating such a lovely atmosphere as you shared in our event. Especially welcome were the many comments on the increasingly high standard of the paintings on display (121 of them), although this apparently made choosing a favourite painting even more difficult this year! At the final count, the clear winner was Phil Gazzard's charcoal portrait, 'Phillipe'. Congratulations to Phil who takes home our beautiful new Graham Barber Memorial Trophy - until next year.

Thank you too for your generous support for St Peter & St James Hospice. Through our tombola with prizes of original artwork we were delighted to be able to present the hospice with a cheque for £400.

Now we start working towards next year's exhibition - see you then!

www.chaileyandnewickpaintinggroup.com



Our first meeting of 2019 will be on Tuesday 8th January when Martin Barnard will give a talk entitled 'Close to Home in Sussex'. He comes highly recommended and we are sure it will be a very interesting evening.

In December we had 'The History of the Royal Command Performance' by Dean Caston which was most entertaining, with clips from long ago Royal Command Performances, which later became Royal Variety Shows. We had many nostalgic moments as our speaker played entertainers from the days when musical halls were in their heyday and a good number of us recalled the tunes of our youth. In December we also had our Christmas Lunch and the Group Carol Service, which this year was held at St Peter's, so we were busy with the mince pies and mulled wine.

If in the past you have toyed with the idea of joining the WI, do make a New Year Resolution to come along and see what it is all about. We meet in the Village Hall at 7.45 pm on the first Tuesday of each month (this January has been the exception) and prospective members and guests are always welcome, and a donation of £3 will include home made refreshments.

Margaret Smith (01825 723519)

### **Chailey Commons Society**

Our year in 2018 finished on a high note with an excellent talk by Clive Chatters from the New Forest who described the various heathlands in the UK from Scotland down to the Channel Coast areas. His informative style of presentation also gave us many insights to his work as an officer of the Hampshire Wildlife Trust and as an author of several books including 'Flowers of the Forest'.

Our programme of activities for 2019 will be starting on Thursday January 10th, 2019 at 7.30.p.m. in Chailey Village Hall when we will have an illustrated talk by Joanna Walmisley 'A behind the scenes look at growing rare plants for re-introduction in the UK'. Joanna works at Wakehurst as a botanical horticulturalist. Parking and refreshments and we welcome visitors.

Our planned programme of activities for 2019 will include Birch Cutting for the first time – dates will be Sundays Jan 13th and 20th from 11.00 until 3.00.p.m. Join us for an outdoor workout cutting and bundling birch on Pound Common. Meet at Pound Common car park with parking either there or just across at Romany Ridge car park. The birch will be stored ready for our besom broom making and kindling workshops later in the year. Bring your own gloves, secateurs or loppers if you have them and bring a mug to enjoy some warming soup.

If you enjoy walking on the commons you will understand what a special place this nature reserve is, but if you are new to the area or would like to know more about our valuable heathland, we welcome visitors at all our activities and meetings so do come along and meet us and join the Society.

For further information, visit our website – <u>www.chaileycommons.org.uk</u>.or our Facebook page <u>www.facebook.com/chaileycommons/</u>

A happy and peaceful New Year to everyone.

William Coleman - 01444 831098

### **Chailey Repair Cafe**

We Have Helping Hands

As we enter the New Year, Chailey Repair Café celebrates having supported the local community by repairing nearly 200 items since it opened in August. The café's skilled fabrics team has completed repairs on antique and modern clothes and handbags. Bicycles have been given a new lease of life by the cycles team and our electrics and general repairs teams have tackled toasters, irons, record players, table lamps and much more, including a toy bulldozer!

Founder and coordinator Bryan McAlley said" none of us expected this level of demand when we opened our doors for the first time last August – we have gone from strength to strength and are attracting visitors from all parts of East and West Sussex and Kent". Bryan added "on a personal level, I am so grateful for the support given by our Parish Council and local MP, but none of this would have been possible without the dedication and hard work by our remarkable volunteers!"

Bryan added "Our 2019 dates are easy to remember – we are open every 2nd Saturday of each month between 10am – 1pm. Free fridge magnets with all the dates on are now available at the café, so you won't forget!"

Chailey Repair Café is part of a world-wide movement where volunteer experts repair things free of charge – although a donation towards running costs is invited. Anyone can bring along broken items or clothing needing repair from home, and have a cuppa and a cake while they wait!

Chailey Repair Café next opens at Chailey Parish Hall 10am – 1pm on 12th January 2019.

If you would like to know more, contact us at <a href="mailto:chaileyrc@gmail.com">chaileyrc@gmail.com</a> or find us on Facebook.

### **Chailey Horticultural Society**

Happy New Year. As promised last month this is how to grow potatoes in buckets or sacks. Buy and chit your seed potatoes as early as possible. Swift is probably the best to try. Aim to be ready to plant from mid February. The point of chitting is to produce short , stocky shoots about 1/2" long. This is best done in a cool, light frost free position. Too much heat and not enough light tends to produce weak, lanky growth.

Prepare the sack or bucket with 6" of compost. This can really be anything that is available. Multipurpose compost,garden compost,plain earth or special vegetable growing compost.

Place the seed potatoes on top reducing the number of shoots to the three strongest. Place them 6" apart and cover them with another 6" of compost and keep in a warm frost free place. As the shoots appear cover with more compost when they are 3" tall. Do this until the top of the container is reached. It is important to keep the compost moist from top to bottom so if possible stand the container on some bricks to ensure water penetrates right to the bottom. On sunny days move the container outside and use a liquid seaweed fertiliser for both tuber growth and flavour. Avoid exposure to frost at all costs. As soon as the plants start flowering they are ready to harvest.

By spacing planting to a sack or two every three weeks it is possible to ensure a steady supply of delicious new potatoes from mid April to June. Later plantings can include good salad varieties such as Charlotte and Anya. Well worth the effort!

January is the time to prune apples and pears. Indoor grapes are pruned back to two buds from the main stem. This must be done by the end of January as from then on the sap is rising which will cause the cut ends to bleed.

Agapanthus need protection from hard frosts by covering with sacking or fleece.

Prune wisteria back to two or three buds from the main stem. Flowers arise from the plumb buds and leaves from the smaller ones.

Finally check through the catalogues and order seeds and begin planning what plants to buy in.

More next month.

Peter Estcourt - pge44@icloud.com - 07803179708

### **Chailey Allotment Association**

Tales From Plot Six

It is a truth universally acknowledged, that each and every single plant, from the moment of germination, will strive and thrive to seek complete and total world domination. Regrettably, this 'Universal Truth' was not something I had previously been aware of. We had consulted amongst



friends and family as to how best tackle the 'Jungle Plot' and had received advice ranging from napalming it to having a gigantic bushfire. Although tempting, blowing things up and running the risk of wildfire is not a practical solution for clearing an Allotment.

We took courage from the fact that the soil must be good judging by the healthy

abundance of weeds which were growing merrily, and in the spirit of keeping green decided that there must be a more environmentally friendly policy available to us. Having explored everything from 'No Dig' (still my personal favourite) to covering the site with a giant carpet, we settled on what now is affectionately referred to as the 'Chop, Hack, Pull & Stack' method. It is literally as described, and depending upon the difficulty of the item being tackled, includes a smattering of not such child-friendly language. It did, however, turn out to be the most effective way to remove the top surface weeds in the short term, but there is a caveat. Going back to that 'Universal Truth' if you ever find yourself clearing a site akin to the Jungle Plot, please do take note. It is very important to have a plan (and stick to the said plan) which covers how many hours you are willing to dedicate to keeping the whole area in check and developing it to a standard you can be proud of. I will also throw into the mix that it is a very good idea to avoid clearing in peak growing conditions; which basically means avoid seeking to tackle too much when it is warm. When the growing conditions are optimal, all you need to do is to turn your back, seemingly for a few moments, and before you know it, one innocent looking stem will have shot up overnight. If you make the mistake of blinking again, then not only will it have taken over, but it will also have invited its brothers, its sisters, and the whole of its extended family to joyfully re-infest that patch you cleared just a few weeks ago. I speak with the assured confidence of one who has discovered this the very, very, hard way.

I had identified one patch in the undergrowth which I decided would be perfect for growing prize-winning Dahlias for the Village Show (a girl must have her dreams of glory). Having adopted the 'Chop, Hack, Pull & Stack' method on said patch of ground for a whole day, I was very pleased with my efforts, as lo and behold, there was brown soil to be seen under the tangled mass of weeds. I then thought I would let the ground settle ready for my Dahlias, and mulched it with an even covering of tree bark. Blissfully unaware of that 'Universal Truth', within a matter of what felt like days, there were Dandelions with attitude growing in joyous abandon through the bark covering my Dahlia patch. It was as if nothing had happened to them at all! To add to my dismay, over time, the bark started to rot down, which fed the soil. The circle of life dictates that if you feed the soil, then you feed the plants; or in this case those pesky yellow bloomers. Lesson Learned! Ok, so I had improved my hoeing skills, but all I had managed to grow was the biggest and most robust prize winning Dandelions this side of the South Downs. I suspect Mother Nature was chuckling at me that day. It was Dandelions: 1, Joanna: 0.

#### More 'Tales From Plot Six' next time...

Winter Musings: It's now January, and whilst some people loathe what they see as the long damp cold months, it is still vital for life as we know it. Whilst the days are short, winter still offers its own delights for those who can appreciate them. Take time out to enjoy the clearness of the night sky; revel in that delightfully damp earthy smell in the morning air, and walk on frosted grass. Appreciate all the multi coloured glorious sunsets that we only get during this time of the year. These things are precious and should never be taken for granted. There is much to love about winter and the sense of pending rejuvenation. Nature is preparing for the seasons yet to come. If you really can't wait though, when all is said and done, take heart, as spring and fresh new life is just around the corner.

I would encourage all of you reading this to give growing your own a try, you can grow winter greens on a warm windowsill, or plant some cut and come again salads undercover to provide you with the fresh taste of fresh home-grown. Once you have tried it, you won't look back! Our Allotment Association gives produce to the Lewes Food Bank, who help families across the district. If you are interested in joining us, please contact Chailey Parish Council for more information. Happy Growing!

Joanna



### TELECOMMUNICATIONS - MOBILE PHONES COVERAGE

Since writing on a number of occasions, I have been regularly contacting 02. Many residents in

Chailey feel they need better coverage whilst others are content with the service they receive.

As promised, I have tried to find the senior executives who can assure me that the adjustments to existing sites to improve coverage are working and providing better signals for our residents on a long-term basis.

In my pursuit of finding the senior executives to discuss our coverage, I have been in correspondence with a senior executive in Spain who was somewhat surprised I contacted him from a rural village in Sussex. He has helpfully put me in contact with a senior 02 executive in the UK. I have arranged a meeting in the New Year to discuss our network signals in Chailey and also the future coverage for our village.

Cllr Sharon Davy (Chailey and Wivelsfield) Sharon.davy@lewes.gov.uk Telephone: 01444 831 336

### **Chailey Parish Council**

#### Play and similar provision in Chailey

The Parish Council is aware of, and shares, an interest in establishing play provision of some kind in Chailey.

The Council is aware that a wide range of views has been expressed by residents about the nature of the provision required and where it might be sited. As part of its work to establish a viable and workable project the Council will be consulting residents to obtain views on what should be provided and where. However, such consultation can only be carried out once the Council has



considered whether the required funding is or is likely to be available and the practicalities of finding a site in Chailey where play provision could potentially be provided.

There will be a number of hurdles facing any project to provide any play provision, some of which may not be easy to overcome. The most important is funding. The funds required will be not insubstantial. The Council is currently exploring funding options for establishing a crossing over the A275 in South Chailey and the outcome of these enquiries will inform funding for other possible projects, including the creation of play provision. The Council has not as yet looked into other potential funding sources, for example contributions from suppliers and grants. Perhaps the other main difficulty will be obtaining the necessary consents/permissions. Planning consent will almost certainly be required, and getting permission to build on or near designated commons and/or land designated as a village green is not always straightforward. Other issues that have been mentioned, such as parking and the vandalism suffered by play provision provided in the past, are relevant too.

The Clerk will be pleased to answer any questions. Please contact him at the Parish Office by sending an email to <a href="mailto:chaileypc@btconnect.com">chaileypc@btconnect.com</a> or by sending a message via the Council's website at <a href="mailto:chailey.org">chailey.org</a>

### **Chailey Litter Pickers**

#### Over 1000 bags cleared!

Happy New Year Chailey, we hope you had a happy and blessed Christmas time.

Out in our parish there's been no let up for our litter pickers; cut winter verges make litter more visible and as usual there is a constant supply of bottles, cans, cigarette packets, sweet and crisp wrappers etc to be removed. Some items start off by being placed at our roadsides for genuine reasons; signage re road works being the most common. Sadly this later becomes litter as it is abandoned, not removed by the agency who placed it once the work is done. If you see signs like this please do report them, using the Report It app, or online to the District Council Neighbourhood First team, or to CLP and we will pass the information on. This is another way that we can keep our roadsides looking clean and cared for, promoting pride in our parish.

If you see fly tipping anywhere in the parish please report it as soon as possible. If you can do it straight away at the scene you can use the Report It app, pin the exact location on a map and include a photograph which helps the Council find it and be prepared for what/how much needs to be removed. Included in fly tipping are car tyres, which are now chargeable to dispose of at the local tip, hence the increase in them being dumped in the ditch.

Chailey Litter Pickers are committed to keeping Chailey parish as litter free as possible, but we can't do this alone. We need you to help us; we ask that everyone who is able, to take a few minutes every now and then to keep the roadside outside of their house litter free. As I've heard it said somewhere before, we're all in this together!

Next Group Litter Pick: Saturday 12th January meeting at 10am at Chailey Free Church car park. And for your diaries in February we'll be meeting on Saturday 9th at 10am at Chailey Green, next to the Reading Room. Please bring high vis vest, gloves and a grabber if you have them and wear sensible footwear for walking on wet/muddy verges. Some equipment is available on the day. We'd love to have you join us.

For more information contact Janet Caughley on 01273 400785 or janetcaughley@gmail.com

#### OTHER LOCAL NEWS

### **Uckfield, Lewes & Newick Arts Society**

'Art UK' Mary Rose Rivett Carnac January 9th 2019 2.30 at the Civic Centre Uckfield

We start the New Year with a fascinating lecture by Mary Rose Rivett-Carnac about 'Art UK.' Art UK was set up to catalogue every oil painting in public ownership in the UK. This staggeringly ambitious project involved visiting 3,000 collections across the country and photographing over 212,000 paintings. Sadly many of these paintings are rarely able to be displayed, space is always limited and thus they have to remain in storage for year after year. However now they are freely available to view on the Art UK website (<a href="https://www.artuk.org">www.artuk.org</a>). Mary Rose will also be making particular reference to local paintings and artists.

Mary Rose is a guide at Turner's House in Twickenham and the Dorich House Museum in Kingston. She was also a founder member of Richmond upon Thames Decorative and Fine Arts Society.

The cost is £7 on the door for non-members and if you need any further information please contact our Membership Secretary Ann McNorvell 01825 721458 or newickdfas2017@gmail. We look forward to welcoming you.

Annette Shelford

#### **Newick Cinema**

#### A Community-based Venture for Sunday Evenings

Our next show is on 27th JANUARY. We hope that many of you will be able to come and enjoy "BOHEMIAN RHAPSODY". There is a licensed bar, teas, coffees, cakes and ice cream plus an interval so that there is an opportunity to meet up with friends and have an enjoyable evening out in the village. Booking in advance will secure seats in the front rows however there is no need to book, just come along at 7pm and buy a ticket on the door; the film will start at 7:30pm.

#### JANUARY'S FILM

#### "BOHEMIAN RHAPSODY" (PG - 13)

Bohemian Rhapsody is a foot-stomping celebration of Queen, their music and their extraordinary lead singer Freddie Mercury. Freddie defied stereotypes and shattered convention to become one of the most beloved entertainers on the planet. The film traces the meteoric rise of the band through their iconic songs and revolutionary sound. Freddie leads the band in one of the greatest performances in the history of rock music — LIVE AID.

27 JANUARY 2019 in Newick Village Hall, Western Road, Newick BN8 4LY Licensed bar and refreshments from 7.00 pm. Film starts 7.30 pm Tickets: £6 on the door, or by emailing detailed request to: newickcinema@outlook.com, or ringing Mike Berry on 01825 723392 Booking in advance not necessary but will secure the best seats in the front rows

#### **Newick Parish Council**

Clerk & Responsible Financial Officer Salary £15-£18 per hour according to experience 23 hours per week including evening meetings

The Clerk to Newick Parish Council will be retiring in 2019 and the Council will shortly be advertising for a replacement. This is an interesting, varied and demanding position working closely with Parish Councillors to secure the Council's aims and objectives.

The successful applicant will have to demonstrate drive, determination, administrative and financial experience, IT, organisational and inter-personal skills and have knowledge of local government.

Further details will be published in early January 2019 and an application pack will be available from the job vacancies page at www.sussexalc.org.uk so keep your eyes open if you think that you might be interested.

#### Wivelsfield Films 2019

All films to start at 7.30pm, Sunday:

| January   | 20th | Bohemian Rhapsody |
|-----------|------|-------------------|
| February  | 17th | TBC               |
| March     | 17th | TBC               |
| April     | 14th | TBC               |
| May       | 19th | TBC               |
| June      | 16th | TBC               |
| July      | 21st | TBC               |
| September | 15th | TBC               |
| October   | 20th | TBC               |
| November  | 17th | TBC               |

### **Memory Cafe**

The January programme for the Memory café which is held in Newick Village Hall every Tuesday afternoon between 1.45pm and 4.0'clock is as follows

| 8th January Mincepie workout | 15th Music With Full Beam |
|------------------------------|---------------------------|
| 22nd Past Occupations        | 29th Singing with John    |
| a                            |                           |

All villagers suffering with memory loss will be most welcome to come along. There will also be an opportunity for you meet someone from The East Sussex care service to discuss any problems that you may have and arrange a home visit if necessary. Peter

Todd Chair Friends of Newick Health Centre, 01825 722660

### Stay Warm to keep well this Winter, says Citizens Advice

As temperatures drop, the cold poses real risks to some members of our community. When it falls below 8C, some people are at an increased risk of serious health issues such as heart attack, stroke, flu, hypothermia and falls. Cold weather can also adversely affect mental health conditions, such as depression and dementia.

At the same time many people worry about running up big heating bills and feel they cannot afford to heat their homes to a comfortable level.

There is some help to hand if you're are worried about yourself, a friend or relative: Cutting your bills - you may be able to find a cheaper tariff with your current supplier or by changing supplier and you could be eligible for a Warm Home Discount of £140.

Support for vulnerable individuals – suppliers operate a Priority Services Register. Benefits include a bill nominee scheme, priority support during power cut and improved meter access.

Energy efficiency improvements in your home – you may be eligible for a free Warm Home Check home visit or a grant from the Council or charitable trust.

Help if you're behind with bills - advice is available on dealing with arrears and there may be trust funds which can help.

Hints and Tips on staying Warm - can be found at https://warmeastsussex.org.uk/ Contact your local Citizens Advice to get further information and advice: ring 03444 111 44, text WARM to 81400 or drop in – see our opening times at www.lewesdistrictcab.org.uk.

## Newick Country Market Every Friday 10 am to 11 am Newick Village Hall

Make it your New Year Resolution to come and see us in the Village Hall on 11th January when we open after the Christmas break. We have a wide range of homemade and locally grown produce, bespoke greetings cards and flower arrangements for that special occasion; savoury or sweet bakes as the fancy takes you. Orders can be taken for any of the above, and special diets can also be catered for.

All the items are produced by members of the market and our cooks have the required standard of Food Hygiene Certificate.

If you haven't met us before why not drop in for some freshly brewed coffee, meet friends and catch up on village news.

We would like to take this opportunity to wish everyone a very Happy New Year and look forward to seeing you on the 11th.

Further information 01825 722907

### **Chailey News - February Issue**

The deadline for the February issue of Chailey News is 15th January. To avoid problems due to the necessity to filter e-mails for spam please:

- 1. Send items to chaileynews@chec.co.uk
- 2. Include "Chailey News" in Subject section of the e mail.
- 3. If a new subscriber or sending from an e mail address for the first time please phone us on 01825 724376 so we are aware and able to look out for it.

Best wishes from everyone at CHEC